

The Hawley Retainer is designed with an acrylic piece that fits perfectly on the roof of your mouth or under the tongue. Teeth are held in their positions by a metal wire that runs along the front of the teeth. These retainers are used to keep spaces between teeth from reopening and may need to be adjusted in the first few months to ensure proper stabilization. Fulltime wear is required at first, followed by nighttime wear as instructed.

Hawley Retainer Top Ten

1. **Wear the retainers as directed** except when eating or brushing your teeth.
2. **Store in a cool place.** Heat can warp your retainer and as a result, not fit you as well.
3. **Store your retainer in its case.** That way you won't throw them away and your pets won't eat them!
4. **Clean them every night.** Use your toothbrush and toothpaste. Baking soda and a denture cleaner are successful for treating tough stains.
5. **Bring them with you to every appointment.** This way we can check to see if they are still fitting you properly.
6. **Keep your models in a safe place.** These models are used to make replacement retainers and may eliminate the need to make new impressions.
7. **Avoid bending retainer wires** that could ruin or distort the retainer fit.
8. **Call us at 856.582.1400** with any questions you might have about your retainers.
9. **Tell a friend** about the Kadar Orthodontics Team.
10. **Enjoy** your beautiful new smile!

Congratulations!